

HELENA WALSH



Helena is one of Ireland's leading voice specialists and gives workshops nationally and internationally. She works freelance and on actor training programmes throughout Ireland and Europe. She is an Associate Teacher of Fitzmaurice Voicework®, from The Royal Central School of Speech and Drama, University of London and is the only teacher of this technique in Ireland. In 2003 she was awarded an Arts Council bursary to pursue professional mentorships at the Abbey Theatre under Voice Director Andrea Ainsworth and at Trinity College,

Dublin under Kevin Crawford, founding member of The Roy Hart International Voice Centre, France. Helena teaches using Fitzmaurice Voicework® as the foundation for her voicework and integrates this with many other leading voicework approaches.

Helena teaches on the full time actor-training programme at The Gaiety School of Acting, The National Theatre School of Ireland ,on the three-year theatre studies programme at Inchicore V.E.C., at Eolia Conservatory Of Dramatic Arts, Barcelona and The Accademia Dell'Arte ,Tuscany, Italy. She is Associate Director of "Articulate Anatomy Theatre",a company set up to develop new writing projects and devised pieces for performance.The company focuses on the development of the ensemble and new dynamic approaches to performance with a strong emphasis on physicality/ voice/ imagination and play. She co directed a

devising project with Eolia Conservatory Of Dramatic Arts, Barcelona, this summer, with four Irish and four Catalan actors based on Civil War. She has recently launched her own Voice and Body Studio. Helena is co-director of the Fourth International Freedom & Focus Fitzmaurice Voicework® Conference, -voices rising, which will be held in Dublin from July 14th to 18th 2016. Helena also teaches and is teaching on the one year full-time Acting for Camera Programme at The Irish Film Academy in Sept 2015.

She has trained and performed as an actress and singer both nationally and internationally over the past twenty years. Helena has also taught as voice tutor on the BA in Performance Studies at Trinity College and the BA in Drama at University College Cork. She worked for ten years for New York University on their Overseas Theatre Performance programme. During her career she has been involved in countless productions, both student and professional. She also teaches Fitzmaurice Voicework on The Postgraduate Yoga Teacher Training run by Lisa Peterson at Living Yoga. Helena has a BA Honours in English Literature and the Classics from University College Dublin.